

# El Zohar Anotaciones Al Comentario De Rav Yehuda

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**A Sage's Fruit vol.2** - Baal HaSulam 2015-06-16  
For over sixty years, some of the most powerful essays written by Rav Yehuda Ashlag, known as Baal HaSulam (Owner of the Ladder) for his Sulam (Ladder) commentary on The Book of Zohar, have been sealed and concealed. In some, the text has become indiscernible and the letters barely readable. In some, the text has been torn and some

was lost. For this reason, ellipses are quite common, either because the original text is incomplete, or because it cannot be read with certainty. And yet, the authenticity of the texts, and the content and message resonate from every page in this inspiring book. You cannot truly understand Baal HaSulam until you read such seminal essays as "600,000 Souls," "Exile and Redemption," or "One Commandment."

**The Zohar** - Michael Laitman  
2009-01-01

The wisdom of Kabbalah teaches us how to perceive and live in the reality that spreads before us. It is a systematic method that has evolved over thousands of years, nurtured by individuals whose task was to ensure that the true wisdom would be given to those ready to receive it. The Book of Zohar (The Book of Radiance) is an ageless source of wisdom and the basis for all Kabbalistic literature. Since its appearance nearly 2,000 years ago, it has been the primary, and often only, source used by Kabbalists. Written in a unique and metaphorical language. The Book of Zohar enriches our understanding of reality and expands our worldview. However, this text should not be read in an ordinary fashion. We should patiently and repeatedly read and think about each sentence as we try to penetrate the author's feelings. We should read it slowly and try to extract the nuances of the text. Although the text deals with one subject

only-how to relate to the Creator-it approaches it from different angles. This allows each of us to find the particular phrase or word that will carry us into the depths of this profound and timeless wisdom.

[The Psychology of the Integral Society](#) - Michael Laitman  
2011-10-16

This book presents a revolutionary approach to education. All around us we see proof that a dramatic paradigm shift is occurring within our society. An interconnected and interdependent world has started to gradually emerge displacing society's current system which was built upon egoism and hubris. While the world is evolving our education system has been stagnate and is based upon the needs and ideals of the 19th Century. A new education must be developed to meet the needs of an integral society, where all the parts work together to contribute to the well-being and success of humanity. The society will in turn, will be responsible to provide for the well-being and success of its

citizens, consequently forming a relationship of mutual need. In a globalised, integral world, this is the only sensible and sustainable solution. In the book, a series of dialogs between professors Michael Laitman and Anatoly Ulianov, we see starting to unfold a new education system. Absence of competition, nurturing through a social environment, peer equality, rewarding the givers, and dynamic makeup of classrooms and instructors are only some of the new precepts introduced in this must-have book.

On World Peace - Rav Yehuda Ashlag 2012

Everything that exists in reality, whether good or bad--including even the most evil and damage-causing thing in the world--has the right to exist, to the degree that destroying it and removing it completely from the world is forbidden. Rather, our duty is to only repair or fix it and to guide it towards goodness, for even a casual observation of any sort at the work of Creation that lies before us is enough [for us] to

infer the high degree of perfection of Him Who has created it. In these short but powerful treatises, Rav Ashlag explains that evil (or that which is not good), is nothing more than a work in progress and that seeing something as evil is no more relevant than judging an unripe fruit before it's time. He awakens us to the knowledge that upon arrival at our final destination all things, even the most damaged will be good. This remarkable perspective helps us to view with awe the system the Creator has given us to develop and grow, and to gain certainty in the end of the journey. How will the process work? For this information, you'll want read the second essay, One Precept and experience for yourself the route to consciousness that Rav Ashlag so aptly charts out for us. As the handwriting of a righteous person contains spiritual energy, On World Peace includes copies of Rav Ashlag's original writings. The book is nothing less than a gift to humanity. From Chaos to Harmony -

Michael Laitman 2007-01-01  
Reveals the factors contributing to the perilous state in which we find our world today. Many researchers and scientists agree that the cause of humankind's problems is the human ego. Yet Laitman's groundbreaking new book not only demonstrates that ego has been the basis for all suffering throughout human history but also reveals why we are subject to suffering due to our egos, and how we can turn our plight to pleasure, our troubles to opportunity. The book contains two parts. First, an analysis of the human soul and how the soul's own structure is its bane. The book also maps out what we need to do to once again be happy, and what we should avoid because it would worsen our suffering. Throughout the book, Laitman's analysis of the state of humanity is supported by examples from science and from Kabbalists both ancient and contemporary. "From Chaos to Harmony" determines that we can and must collectively rise to a new level of existence and explains how

we can accomplish this goal on personal, social, national and international levels.

The Bahir - Aryeh Kaplan  
2001-01-15

The Bahir is one of the oldest and most influential of all classical Kabbalah texts. Until the publication of the Zohar, the Bahir was the most widely quoted primary source of Kabbalistic teachings. The Bahir is quoted in every major book on Kabbalah, the earliest being the Raavad's commentary on Sefer Yetzirah, and it is cited numerous times by Rabbi Moshe ben Nachman (Ramban) in his commentary on the Torah. It is also quoted many times in the Zohar. It was first published around 1176 by the Provence school of Kabbalists; the first printed edition appeared in Amsterdam in 1651. The name Bahir is derived from the first verse quoted in the text (Job 37:21), "And now they do not see light, it is brilliant (Bahir) in the skies." It is also called the "Midrash of Rabbi Nehuniah ben HaKana," particularly by the Ramban. The reason might be

that Rabbi Nehuniah's name is at the very beginning of the book, but most Kabbalists actually attribute the Bahir to him and his school. Some consider it the oldest kabbalistic text ever written. Although the Bahir is a fairly small book, some 12,000 words in all, it was very highly esteemed among those who probed its mysteries. Rabbi Judah Chayit, a prominent fifteenth-century Kabbalist, writes, "Make this book a crown for your head." Much of the text is very difficult to understand, and Rabbi Moshe Cordevero (1522-1570), head of the Safed school of Kabbalah, says, "The words of this text are bright (Bahir) and sparkling, but their brilliance can blind the eye." One of the most important concepts revealed in the Bahir is that of the Ten Sefirot, and careful analysis of these discussions yields much of what will be found in later kabbalistic works, as well as their relation to anthropomorphism and the reason for the commandments. Also included is a discussion of reincarnation, or Gilgul, an

interpretation of the letters of the Hebrew alphabet, the Thirty-two Paths of Wisdom, and the concept of Tzimtzum.

**El Zóhar** - Rav Yehuda Ashlag  
2015-02-09

La sabiduria de la Cabala nos muestra como percibir y vivir en la realidad que nos rodea. Es un metodo sistematico, que ha ido evolucionando a lo largo de miles de anos, custodiado por un reducido numero de personas cuya mision era la de velar por que la verdadera sabiduria fuera entregada a aquellos preparados para recibirla. El Libro del Zohar (El Libro del Esplendor) es una fuente de sabiduria que trasciende los limites del tiempo y constituye la base de todos los escritos cabalisticos. Desde su aparicion, hace aproximadamente 2 000 anos, ha sido la fuente primordial y en ocasiones la unica para los cabalistas. Durante siglos, la Cabala se mantuvo oculta a la humanidad: se consideraba que no estaba preparada para recibirla. Sin embargo, nuestra generacion ha sido senalada por los cabalistas como la

primera que se encuentra capacitada para comprender las nociones de El Zohar. Ahora podemos poner en practica esos principios en nuestras vidas. En efecto, tres son los pilares de la Cabala Rabi Shimon Bar-Yojay (autor de El Zohar), el sagrado ARI (autor de El arbol de la vida) y Baal HaSulam (Rav Yehuda Ashlag, autor del comentario Sulam (escalera) sobre El Zohar). Todos ellos coincidieron en que, desde el final del siglo XX, las enseñanzas cabalisticas estarian al alcance de todos, sin ningun tipo de restriccion. Escrito con un lenguaje metaforico, unico, El Zohar enriquece nuestra comprension y expande nuestra vision del mundo. No obstante, este texto no debe leerse de manera ordinaria, sino de manera paciente y en repetidas ocasiones, intentando adentrarnos en las sensaciones del autor. Su lectura debe ser pausada, tratando de extraer todos los matices del texto. Aunque el texto versa sobre un unico tema como relacionarnos con el Creador son multiples los

enfoques desde los cuales se trata. Y esto propicia que cada uno de nosotros pueda encontrar la frase, la palabra especifica, que nos permita adentrarnos en la profundidad de esta sabiduria intemporal.

**Kabbalistic Astrology** - Rav P. S. Berg 2010-09-17

Ancient Kabbalistic mysticism and the search for meaning by looking to the stars are related in ways that may surprise readers. Kabbalah, in fact, offers arguably the oldest and wisest application of astronomy and astrology known to humankind. Kabbalistic Astrology is a tool for understanding one's individual nature at its deepest level and putting that knowledge to immediate use in the real world. A natural addition to Berg's many writings on spirituality, the book explains why destiny is not the same as predestination and shows that we have many possible futures and can become masters of our fate. Written in Berg's trademark clear, intelligible style, the book teaches how to discover challenges faced in

previous incarnations and how to overcome them, as well as the secrets to finding the love, success, and spiritual fulfillment.

**Theosophia Practica** - J.G. Gichtels 1722

### **Work With Faith Above**

**Reason** - Rav Yehuda Leib Ashlag 2020-09-03

What is faith above reason?

There are three paths one can take: above reason, within reason and below reason.

Reason is the self of man, his concepts, his mentality, and his education. Within reason means according to our understanding, according to the mind of a person of this world, one's egoism. According to it, one understands, feels, makes decisions, and acts, which is called: "according to my opinion." Yet, above my opinion is the opinion of the upper, and it means I must exchange my opinion for the opinion of the Creator. Faith above reason is a feeling that bestowal is above reception, the importance of the Creator is above the importance of the created

being and the whole of reality. A person begins to feel that he has a new concern: to do something for the Creator's sake and in such a way that the Creator will not even know about it, to bestow in concealment, humbly, without any intention to receive a reward.

The Revelation of The Book of Zohar in Our Time - 2010-05-05

The Revelation of The Book of Zohar in Our Time aims to help guide a person's approach toward studying The Zohar in order to reap the most benefit from its reading. It is built of quotes by Dr. Michael Laitman from the Daily Zohar Lessons, and answers to questions of students, that aim to clarify: The revelation of The Zohar in our time The approach to studying The Zohar The effort during the study of The Zohar Confusion and disturbances while studying The Zohar The Zohar & bonding with others

### **Jewish New Testament** -

David H. Stern 1989-09

Translated by David H. Stern

Uses neutral terms and Hebrew

names Highlights Jewish features and Jewish references Corrects mistranslations from an anti-Jewish theological bias 436 pp. The New Testament is a Jewish book, written by Jews, initially for Jews. Its central figure was a Jew. His followers were all Jews; yet no translation--except this one--really communicates its original, essential Jewishness. Uses neutral terms and Hebrew names. Highlights Jewish features and Jewish references. Corrects mistranslations from an anti-Jewish theological basis. Freshly rendered into English using the Greek texts, this is a must for learning about first-century faith.

The Jews of the Ottoman Empire - Avigdor Levy 1994 This volume is a major contribution to Jewish as well as to Ottoman, Balkan, Middle Eastern, and North African history. These twenty-eight original essays grew out of an international conference at Brandeis University -- the first ever to be convened specifically on this subject ... The essays focus on many

central topics: the structure of the Jewish communities, their organisation and institutions, the scope of their autonomy, and their place in Ottoman society. Other subjects include Sephardic folklore, Jewish-Muslim acculturation, Jewish contributions to Ottoman arts, demographic perspectives of the Jewish communities, problems of immigration and emigration, the modernisation of Ottoman Jewry, and Jewish participation in political life.

The Point in the Heart - Michael Laitman 2010-01-01

This is a unique collection of excerpts from a man whose wisdom has earned him devoted students in North America and the world over. Michael Laitman is a scientist, a Kabbalist, and a great thinker who presents ancient wisdom in a compelling style. Written in a unique and metaphorical language, this book speaks to us in a sincere, yet thought-provoking manner while answering the deepest questions all humans have asked. When life gets out of hand, when we need a moment



to reflect and to be alone with our thoughts, this book will help us rediscover our inner compass. This book does not profess to teach Kabbalah, but rather gently introduces ideas from the teaching. The Point in the Heart is a window to a new perception. As the author himself testifies to the wisdom of Kabbalah, "It is a science of emotion, a science of pleasure. You are welcome to open and to taste". In Kabbalah, the heart is a symbol of our desire to enjoy. And the point in the heart is that special, intimate moment when we ask ourselves about our purpose for being here. It is that time when we pause and reflect on what lies beyond the incessant "gadget-chase" and ask not if we really need them, but why is it that we want them in the first place. In Laitmans own words, this is "the beginning of the soul, the first step toward revealing love". When you need a light in the dark, this book will be your candle.

*Passover (Pesach)* - Rav Yehuda Leib HaLevi Ashlag 2020-03-24  
The Haggadah and articles by

Rav Yehuda Leib HaLevi Ashlag  
& Rav Baruch Shalom HaLevi Ashlag

### **Unlocking the Zohar -**

Michael Laitman 2011-01-01

The Book of Zohar (Book of Radiance), also known as The Zohar is one of the most mysterious and misunderstood compositions ever written. The awe, admiration, and even fear it has evoked over the years are unsurpassed. This book contains the secrets of the whole of Creation, but until recently these secrets were shrouded in a cloud of mystery and misconceptions. Now The Zohar is openly unfolding its wisdom throughout the world, to show humanity a way forward, as the book itself declares (VaYera, Item 460), When the days of the Messiah draw near, even infants will discover the secrets of the wisdom. The greatest Kabbalist of the 20th century, Rav Yehuda Ashlag (1884-1954) paved a new way for us by which we can reveal the secrets of The Zohar. He wrote the Sulam [Ladder] Commentary and the four introductions for

The Zohar to help us come to know the forces that govern our lives, and teach us how we can assume control over our destinies. This book is an invitation to a wondrous journey to a higher world. The author, Kabbalist Dr Michael Laitman, wisely ushers us into the revelations of the Sulam commentary. In so doing, Laitman helps us fine-tune our thoughts as we read in The Zohar, to maximize the spiritual benefit derived from reading it. In addition to explaining The Book of Zohar, the book contains numerous inspiring quotes from The Zohar, specifically translated, edited, and compiled for easy reading and understanding of this powerful text.

*Disclosing a Portion: the inner mechanics of the Torah* - Michael Laitman 2014-03-03  
The Pentateuch, or The Five Books of Moses, is a fascinating odyssey of a nation in the making. Yet, underneath the tales that reveal human nature at its zenith and at its nadir lies an ocean of wisdom that, if uncovered, can alter reality

itself. Dr. Michael Laitman's *Disclosing a Portion: the inner mechanics of the Torah* uncovers some of that wisdom in a manner none other has done before. Throughout the year, each week observant Jews read a different portion of the Pentateuch (which they refer to as the "Torah"). Each portion deals with a different topic, and is titled according to the first word, or words, in the portion. As you read through the portions, you will discover that each of the protagonists in the stories we've known for so long is not a myth, but a living force within. These forces direct and determine your path in life, and when you come to know them, you come to know your true self. Take your time to delve into the text, and portion by portion you will find new meanings that will enrich and empower you as you become the happy, confident person that you dream of being.

**The Energy of Hebrew Letters** - Philip S. Berg 2010  
Judaism.

**After the Return** - Mordechai Becher 1994

An essential work for the newly observant on how to ease into a religious lifestyle and maintain good family relations. This practical halachic guide discusses real-life situations, such as dealing with parental requests that are contrary to Jewish law, attending family ceremonies in non-Orthodox settings, and how to solve kashruth dilemmas.

### **Attaining the Worlds**

**Beyond** - Michael Laitman

2003-01-01

In the words of Michael Laitman, "It is beyond human comprehension to understand the essence of such spiritual qualities as total altruism and love. This is for the simple reason that human beings cannot comprehend how such feelings can exist at all, as everyone seemingly requires an incentive to perform any act; without some personal gain, people are not prepared to extend themselves. That is why a quality such as altruism can only be imparted to a person from Above, and only those who have experienced it can understand it." Attaining The

Worlds Beyond is a first step toward discovering the ultimate fulfillment of spiritual ascent in our lifetime. This book reaches out to all those who are searching for answers, who are seeking a logical and reliable way to understand the world's phenomena. This magnificent introduction to the wisdom of Kabbalah provides a new kind of awareness that enlightens the mind, invigorates the heart, and moves the reader to the depths of their soul.

### **The Writings of Baal**

**HaSulam - Volume One** -

Yehuda Leib HaLevi Ashlag

2019-05-02

For the first time, we are seeing the publication of the essential writings of the greatest Kabbalist of the 20th century, Rav Yehuda Leib HaLevi Ashlag (1885-1954), also known as Baal HaSulam [author of the Sulam (Ladder commentary on The Zohar)]. The Writings of Baal HaSulam contains all the texts required for any person interested in learning the wisdom of Kabbalah. The book contains all of Baal HaSulam's introductions and forewords, all

his essays, letters, the articles contained in the book Shamati [I Heard], the book Beit Shaar HaKavanot [Gatehouse of Intentions]: Commentaries on the writings of the ARI, and The Writings of the Last Generation, in which Baal HaSulam analyzes political regimes and presents a model for the construction of the future society. In addition to the learning material, we included poems that Baal HaSulam wrote. Delving into the authentic writings of Baal HaSulam will help those who do so on their spiritual advancement and search for life's meaning, and will help advance all of humanity to a new and better world.

**The Science of Kabbalah (Pticha)** - Michael Laitman  
2019-11-12

The Science of Kabbalah (Pticha) is the first in a series of texts that Rav Michael Laitman, Kabbalist and scientist, designed to introduce readers to the special language and terminology of the Kabbalah. Here, Rav Laitman reveals authentic Kabbalah in a manner that is both rational and

mature. Readers are gradually led to an understanding of the logical design of the Universe and the life whose home it is. The Science of Kabbalah, a revolutionary work that is unmatched in its clarity, depth, and appeal to the intellect, will enable readers to approach the more technical works of Baal HaSulam (Rabbi Yehuda Ashlag), such as Talmud Eser Sefirot and Zohar. Although scientists and philosophers will delight in its illumination, laymen will also enjoy the satisfying answers to the riddles of life that only authentic Kabbalah provides. Now, travel through the pages and prepare for an astonishing journey into the 'Upper Worlds' Kabbalah Books aims to follow what Baal HaSulam directed, that redeeming the world from its plights depends solely on disseminating the correction method, as he wrote "We are in a generation that is standing at the very threshold of redemption, if we will only know how to spread the wisdom of the hidden in the masses." "We do know one way

of doing this through sharing our Kabbalah books with the world. We aim to pursue every avenue to spread this wisdom as widely as possible. Hard copies of books make the wisdom of Kabbalah available to even more people. And if you desire, you can help with that by giving the wisdom to others through the books.

Nineveh - Zohar Atkins

2019-05-30

Nineveh takes its modernist bearings from Edmond Jabès, Paul Celan and Yehudah Amichai; but also, merrily, from John Ashbery and Frank O'Hara. Zohar Atkins's poems offer humour and hospitality alongside deep learning and enigmatic, mystical theophany. The division between secular and religious is blurred, the two coexist in a generous exchange. The Bible is near at hand but rendered unfamiliar in the combination of anachronism with classical allusion. The poems produce jarring, contemporary Midrashim - interpretative retellings of canonical tales. Cain and Abel appear as

business executives, Ishmael is a Palestinian dying in an Israeli hospital, Rachel and Leah are the projected identities of a demented Jacob, and God is a perfectionist who procrastinates by binge-watching TV. These poems are for intellectuals disenchanted with intellectualism and for seekers and sensualists in search of a renewing approach to language. Scholar and rabbi, Atkins has learned that poetry and not erudition offers a securer saving power.

Awakening to Kabbalah -

Michael Laitman 2006-01-01

An awe-filled introduction to an ancient wisdom tradition. Provides you with a deeper understanding of the fundamental teachings of Kabbalah, and how you can use this wisdom to clarify your relationship with others and the world around you.

**The Path of Kabbalah** -

Michael Laitman 2005-01-01

Kabbalists state that there is no reality at all, but something called His Essence, the Upper Force, and this is what we perceive as our world. As

uncanny as it sounds, this notion hides in its wings the very prospect of freedom, for every person, for every nation, and for the entire world. The structure and the perception of reality are the surface of this book. But the story of humanity, or more accurately, of the human soul, is the undercurrent that drives the reader forward in this book. It is about you, about me, about all of us. This book is about the way we were, the way we are, the way we will be, and most importantly, it is about the best way to get there. In this neatly structured composition, every part speaks of a different aspect of Kabbalah. It starts with our perception of reality, our perception of the Creator, and the evolution of our soul in the spiritual worlds (including explanatory drawings). The book also clears up misconceptions about Kabbalah and explains, in plain words, how to experience the spiritual realm of our lives.

**Introduction to the Book of Zohar, Volume 1** - Yehudah Ashlag 2005-01-01

The Science of Kabbalah (Pticha) is the first in a series of texts that Rav Michael Laitman, Kabbalist and scientist, designed to introduce readers to the special language and terminology of the Kabbalah. Here, Rav Laitman reveals authentic Kabbalah in a manner that is both rational and mature. Readers are gradually led to an understanding of the logical design of the Universe and the life whose home it is. The Science of Kabbalah, a revolutionary work that is unmatched in its clarity, depth, and appeal to the intellect, will enable readers to approach the more technical works of Baal HaSulam (Rabbi Yehuda Ashlag), such as 'Talmud Eser Sefirot' and Zohar. Although scientists and philosophers will delight in its illumination, laymen will also enjoy the satisfying answers to the riddles of life that only authentic Kabbalah provides. Now, travel through the pages and prepare for an astonishing journey into the 'Upper Worlds'. *The Wisdom of Truth* - Yehudah Ashlag 2008

Arguably the most profound mystic of the 20th century, Rav Yehuda Ashlag is revered by students of Kabbalah even today for his rare ability to make complex concepts intelligible. The Wisdom of Truth covers all of the basic truths of Kabbalah, focusing on human dignity and how people must behave toward one another in order to eliminate chaos in the world. This new translation from the original Hebrew has been completely re-edited by renowned scholar Michael Berg, who has also provided a helpful introduction. *Shamati (I Heard)* - Yehuda Ashlag 2019-10-29

Among all the texts and notes of Rabbi Baruch Shalom Halevi Ashlag (the Rabash), there was one special notebook he always carried. This notebook contained the transcripts of his conversations with his father, Rabbi Yehuda Leib Halevi Ashlag (Baal HaSulam), author of the Sulam (Ladder) commentary on The Book of Zohar and of many other works on Kabbalah. Not feeling well on the Jewish New Year in

September 1991, the Rabash summoned his primary student and personal assistant, Michael Laitman, to his bedside and handed him that notebook. Its cover contained only one word, Shamati (I Heard). As he handed the notebook to him, he said to Laitman, "Take it and learn from it." The following morning, he perished in Laitman's arms, leaving him and many of his other students without guidance in this world. Committed to Rabash's legacy to spread the wisdom of Kabbalah, Laitman published the notebook just as it was written, thus retaining the text's transforming powers. Among all the books of Kabbalah, Shamati is a unique and compelling composition whose power persists long after the reading is through. *Entry into the Spiritual Degree* - Rav Yehuda Leib Ashlag 2021-09-14  
Covid-19 required profound changes and quick adaptations from people all over the world. We, too, in Bnei Baruch, quickly responded by adjusting our daily Kabbalah lessons. All over

the world, we entered the virtual realm to study together in a single room, and the need for new observations and precise insights led us to choose unique topics for the lessons, to help us focus the spiritual work of each student, and of all of us together as a world group. Every topic is a whole world in itself, with its own nature and a wealth of meaningful perceptions. Every excerpt was selected with care from a wide variety of Kabbalistic texts, with an emphasis on the “two great lights”: Baal HaSulam and RABASH. These excerpts solidify us and strengthen the connections among us students. The excerpts we read helped us grasp the thoughts of the kabbalists and the unique spirit that streams out of their words. This book is a rare collection of excerpts from the writings of the kabbalists that we learned with our teacher, Dr. Michael Laitman. For us, it is a fountain of living water, and reading it arouses a unique spiritual inspiration in us. This collection transcends time and

space, and you are invited to join us, quench your thirst with it, and grasp some more of the profound wisdom of Kabbalah. [Kabbalah, Science and the Meaning of Life](#) - Michael Laitman 2006-01-01  
Science explains the mechanisms that sustain life; Kabbalah explains why life exists. In Kabbalah, Science and the Meaning of Life, Rav Michael Laitman, PhD, a kabbalist and a scientist, combines science and spirituality in a captivating dialogue that reveals life's meaning. For thousands of years kabbalists have been writing that the world is made of a single entity divided into separate beings. Today the cutting edge science of quantum physics states a very similar idea: that at the most fundamental level of matter, we are all literally one. Science proves that reality is affected by the observer who examines it. And so does Kabbalah. But Kabbalah says more: even the Creator of reality is found within the observer. In other words, God is inside of us, he doesn't



exist anywhere else. When we pass away so does he. These earthshaking concepts and more are eloquently introduced so that even readers uneducated in Kabbalah or science will easily understand them. Therefore, if you're just a little curious about why you are here, what life means, and what you can do to enjoy it more, this is your book.

**Practical Kabbalah** - Laibl Wolf 2010-05-19

Kabbalah is an ancient Jewish wisdom that explains the laws of spiritual energy. Up until very recently the Kabbalah was reserved for the elite, those who only after years of scholarship and practice were allowed to enter this mystical realm. However, one doesn't need to devote one's life to intense study to reap the rich rewards of the Kabbalah. With just a basic understanding of a few key concepts, our lives can be enriched immensely. We can then begin to fulfill our deepest dreams and reach our most important goals, becoming the people we long to become. By learning to understand the

Sefirot--the ten spiritual properties that flow from the cosmic source into our heart--we can connect to the universe and profoundly transform our experience of daily life. For example, Hessed, or "loving-kindness," represents the desire to be generous, while Gevurah is the desire to focus intently or withhold. These properties must be balanced in order for harmony and well-being to occur. Rabbi Laibl Wolf shows how to maintain that balance and enjoy a healthy and productive life by using simple meditation and creative visualization techniques to grasp the spiritual nature of our life. Practical Kabbalah draws upon ancient wisdom but offers a modern interpretation and easy-to-understand techniques for delving deeper into our selves and our world and for reaping the bounteous gifts that were always meant for us. Kabbalah and Eros - Moshe Idel 2005-01-01

In this book, the world's foremost scholar of Kabbalah explores the understanding of erotic love in Jewish mystical

thought. Encompassing Jewish mystical literatures from those of late antiquity to works of Polish Hasidism, Moshe Idel highlights the diversity of Kabbalistic views on eros and distinguishes between the major forms of eroticism. The author traces the main developments of a religious formula that reflects the union between a masculine divine attribute and a feminine divine attribute, and he asks why such an "erotic formula" was incorporated into the Jewish prayer book. Idel shows how Kabbalistic literature was influenced not only by rabbinic literature but also by Greek thought that helped introduce a wider understanding of eros. Addressing topics ranging from cosmic eros and androgyneity to the affinity between C. J. Jung and Kabbalah to feminist thought, Idel's deeply learned study will be of consuming interest to scholars of religion, Judaism, and feminism.

### **Kabbalah for Beginners** -

Michael Laitman 2004-01-01

The Kabbalist Rabbi Laitman, who was the student and

personal assistant to Rabbi Baruch Ashlag from 1979-1991, follows in the footsteps of his rabbi in passing on the wisdom of Kabbalah to the world. This book is based on sources that were passed down by Rabbi Baruch's father, Rabbi Yehuda Ashlag (Baal HaSulam), the author of 'the Sulam', the commentaries on The Book of Zohar, who continued the ways of the Ari and Rabbi Shimon Bar Yochai and many great Kabbalists throughout the generations before them. The goal of this book is to assist individuals in confronting the first stages of the spiritual realm. This unique method of study, which encourages sharing this wisdom with others, not only helps overcome the trials and tribulations of everyday life, but initiates a process in which individuals extend themselves beyond the standard limitations of today's world.

### **The Kabbalah Experience** -

Michael Laitman 2005-01-01

The Kabbalah Experience is one of the most fascinating books ever published in Kabbalah. It is

a journey in time from the past to the future, in situations we might all experience at some point. Anyone who wants to learn how to make the most of every moment in his or her life, anyone who wishes to find a happy, fulfilling life, will find the answers in this book. Since the days of The Zohar and the Tree of Life, the language of Kabbalah has never been as clear as it is in this moving piece. It is worthwhile contemplating the answers in the text, experiencing them in the simplest meaning of the word. Any student of Kabbalah, novice or advanced, will find this book to be a wonderful companion and a great reference for a fountain of genuine knowledge.

Connecting to the Source -

Yehuda Leib HaLevi Ashlag  
2021-02-18

Connecting to the Source contains a selection of source excerpts written by the greatest Kabbalists throughout the generations: Rabbi Shimon Bar Yochai (Rashbi), the ARI, Rav Yehuda Leib HaLevi Ashlag (Baal HaSulam), Rav Baruch

Shalom HaLevi Ashlag (RABASH), and others. The excerpts in the book are suitable for our generation and for future generations, and provide the reader with an entry to the development of the soul and a peep into the spiritual realm that Kabbalists describe. This book holds within it all the foundations of the wisdom of Kabbalah and picks the best source excerpts in many of the key subjects, such as unity, mutual responsibility, there is none else besides Him, the perception of reality, adhesion, love, joy, and many others. Each excerpt was selected with care in order to provide a complete picture on the subject, and assist the teacher in teaching the wisdom, as well as provide the student with answers to the questions that arise on one's spiritual development. Open the book, read in it, and yearn for the concealed to become revealed.

Enjoy your reading!

Kabbalah and the Power of

Dreaming - Catherine

Shainberg 2005-02-16

A dynamic exposition of the

powerful, ancient Sephardic tradition of dreaming passed down from the renowned 13th-century kabbalist Isaac the Blind • Includes exercises and practices to access the dream state at will in order to engage with life in a state of enhanced awareness • Written by the close student of revered kabbalist Colette Aboulker-Muscat In Kabbalah and the Power of Dreaming Catherine Shainberg unveils the esoteric practices that allow us to unlock the dreaming mind's transformative and intuitive powers. These are the practices used by ancient prophets, seers, and sages to control dreams and visions. Shainberg draws upon the ancient Sephardic Kabbalah tradition, as well as illustrative stories and myths from around the Mediterranean, to teach readers how to harness the intuitive power of their dreaming. While the Hebrew Bible and our Western esoteric tradition give us ample evidence of dream teachings, rarely has the path to becoming a conscious dreamer been

articulated. Shainberg shows that dreaming is not something that merely takes place while sleeping--we are dreaming at every moment. By teaching the conscious mind to be awake in our sleeping dreams and the dreaming mind to be manifest in daytime awareness, we are able to achieve revolutionary consciousness. Her inner-vision exercises initiate creative and transformative images that generate the pathways to self-realization.

[A Guide to Hidden Wisdom of Kabbalah](#) - Rav Michael Laitman  
2003-01-01

An important goal in the study of Kabbalah is to use one's knowledge to influence one's destiny. Firstly, one has to realise what life is, what its meaning is, why it is given to us, where it begins, and where it ends. After pondering and meditating on the above questions, one has to relate all this to Kabbalah. Kabbalah states that the Creator created all the worlds simultaneously, including our world, and we human beings have to use Kabbalah in our world, the finite

material world. In order to further advance our understanding of the wisdom of Kabbalah, we need to lift our mind's eye above the horizon of our material world. Kabbalah clarifies our perception of reality. What we see around us is subjective and exists only in relation to ourselves. Our perception depends on our organs of sensation: if they were different, we would perceive another world around us. This book provides the reader with a solid foundation for understanding the role of Kabbalah in our world. The contents was designed to allow individuals all over the world to begin traversing the initial stages of spiritual ascent toward the apprehension of the upper realms.

The Zohar in Moslem and Christian Spain - Ariel Bension  
2016-07-07

'The Zohar' was compiled and composed in Spain in the thirteenth century, and exerted a powerful influence on Jewish life in medieval ghettos. In this book, first published in 1932, Dr Bension was the first scholar to

deal with the influence on Jewish mysticism of certain characteristics which underlie so much of the literature produced in Spain both by Christians and Muslims.

*Always With Me* - Michael Laitman  
2021-09-23

*Always With Me* is more than a memoir about my teacher. It is both an exposition of a spiritual path and an intimate account of a great kabbalist; it details the formation and evolution of the relationship and joint study of a teacher and his devoted disciple. Through a profound bond, conflicts, assistance, and rejections, devotion, protests, ascents, and descents, the teacher imbued in me the wisdom of Kabbalah. RABASH was the standard-bearer, the last in a line of spiritual giants dedicated to conveying the secret wisdom to humankind. The two great kabbalists, Baal HaSulam, and his firstborn son and prime disciple, RABASH, handed the wisdom of Kabbalah to our generation. My own books are merely an accompaniment while their books, the primary sources, are

paramount. I speak from experience, having lived twelve years side by side with my teacher, RABASH. It is to RABASH that I owe everything I know, and it was RABASH who instructed me to disseminate the wisdom of Kabbalah. Some have told me that this book is read in one breath. Indeed, *Always With Me* permeates the soul and opens a flow of oxygen that, once inhaled, is impossible to relinquish. It is built on an eternal, unbreakable bond between two Kabbalists. As you read the book, you will inhale the energy of this bond, the energy of eternity.

### **Kabbalah for the Student** -

Rav Yehuda Ashlag 2009-01-01  
The greatest contemporary Kabbalists, Rav Yehuda Ashlag, and his son and successor, Rav Baruch Ashlag provide an eye-opening answers to life's most fundamental question: "What is the meaning of my life?" Based on their interpretations of 'The Book of Zohar', and 'The Tree of Life', we can now learn how to benefit from the wisdom of

Kabbalah on a day-to-day basis. In addition to authentic texts by these great Kabbalists, this book offers illustrations that accurately depict the evolution of the Upper Worlds as Kabbalists experience them, as well as several helpful essays to enhance our understanding of the texts. Rav Michael Laitman, Ph.D., Rav Baruch Ashlag's personal assistant and prime student, compiled all the texts a Kabbalah student would need to attain the spiritual worlds. In his daily lessons, Rav Laitman bases his teaching on these inspiring texts, thus helping novices and veterans alike to better understand the spiritual path we undertake on our fascinating journey to the Higher Realms. If you truly seek the meaning of life, your heart will lead you through the writings of these great Kabbalists, who wrote them from their hearts to yours. Through their words, you will discover life's essence and power, and your own eternal existence.