

Health Food Junkies Orthorexia Nervosa Overcoming The Obsession With Healthful Eating L

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Social Influences on Eating - C. Peter Herman 2019-09-05

This book examines how the social environment affects food choices and intake, and documents the extent to which people are unaware of the significant impact of social factors on their eating. The authors take a unique approach to studying eating behaviors in ordinary circumstances, presenting a theory of normal eating that highlights social influences independent of physiological and taste factors. Among the topics discussed: Modeling of food intake and food choice Consumption stereotypes and impression management Research design, methodology, and ethics of studying eating behaviors What happens when we overeat? Effects of social eating Social Influences on Eating is a useful reference for psychologists and researchers studying food and nutritional psychology, challenging commonly held assumptions about the dynamics of food choice and intake in order to promote a better understanding of the power of social influence on all forms of behavior.

Anti-Diet - Christy Harrison 2019-12-24

Reclaim your time, money, health, and happiness from our toxic diet culture with groundbreaking strategies from a registered dietitian, journalist, and host of the Food Psych podcast. 68 percent of Americans have dieted at some point in their lives. But upwards of 90% of people who intentionally lose weight gain it back within five years. And as many as 66% of people who embark on weight-loss efforts end up gaining more weight than they lost. If dieting is so clearly ineffective, why are we so obsessed with it? The culprit is diet culture, a system of beliefs that equates thinness to health and moral virtue, promotes weight loss as a means of attaining higher status, and demonizes certain ways of eating while elevating others. It's sexist, racist, and classist, yet this way of thinking about food and bodies is so embedded in the fabric of our society that it can be hard to recognize. It masquerades as health, wellness, and fitness, and for some, it is all-consuming. In *Anti-Diet*, Christy Harrison takes on diet culture and the multi-billion-dollar industries that profit from it, exposing all the ways it robs people of their time, money, health, and happiness. It will turn what you think you know about health and wellness upside down, as Harrison explores the history of diet culture, how it's infiltrated the health and wellness world, how to recognize it in all its sneaky forms, and how letting go of efforts to lose weight or eat "perfectly" actually helps to improve people's health—no matter their size. Drawing on scientific research, personal experience, and stories from patients and colleagues, *Anti-Diet* provides a radical alternative to diet culture, and helps readers reclaim their bodies, minds, and lives so they can focus on the things that truly matter.

Health Food Junkies - Steven Bratman, M.D. 2004-07-27

The first book to identify the eating disorder orthorexia nervosa—an obsession with eating healthfully—and offer expert advice on how to treat it. As Americans become better informed about health, more and more people have turned to diet as a way to lose weight and keep themselves in peak condition. Anorexia nervosa and bulimia nervosa—disorders in which the sufferer focuses on the quantity of food eaten—have been highly documented over the past decade. But as Dr. Steven Bratman asserts in this breakthrough book, for many people, eating “correctly” has become an equally harmful obsession, one that causes them to adopt progressively more rigid diets that not only eliminate crucial nutrients and food groups, but ultimately cost them their overall

health, personal relationships, and emotional well-being. *Health Food Junkies* is the first book to identify this new eating disorder, orthorexia nervosa, and to offer detailed, practical advice on how to cope with and overcome it. Orthorexia nervosa occurs when the victim becomes obsessed, not with the quantity of food eaten, but the quality of the food. What starts as a devotion to healthy eating can evolve into a pattern of incredibly strict diets; victims become so focused on eating a “pure” diet (usually raw vegetables and grains) that the planning and preparation of food come to play the dominant role in their lives. *Health Food Junkies* provides an expert analysis of some of today's most popular diets—from *The Zone* to macrobiotics, raw-foodism to food allergy elimination—and shows not only how they can lead to orthorexia, but how they are often built on faulty logic rather than sound medical advice. Offering expert insight gleaned from his work with orthorexia patients, Dr. Bratman outlines the symptoms of orthorexia, describes its progression, and shows readers how to diagnose the condition. Finally, Dr. Bratman offers practical suggestions for intervention and treatment, giving readers the tools they need to conquer this painful disorder, rediscover the joys of eating, and reclaim their lives.

Open Codes - Guido Nicolosi 2016-04-26

From a general perspective, as well as in scientific practice, technology and society are viewed as two distinct entities. Related to this view are the assumption that technology and human experience are quite different and unconnected and the idea that modernity has uprooted, de-contextualised, and disembodied technical rationality. Adopting a contrary approach, this book represents a theoretical exploration to show that, in the domain of technological development, there are significant margins for manoeuvre in which to recuperate and valorise human and social action, in order to envisage a better democratisation of technology. Primary focus is placed on open source, as potentially paving the way to a new participatory model of technology. This model makes so-called ‘technical code’ an open entity in which it is possible to realise creative processes, including those of re-appropriation designed to re-invent used technologies.

Sport and Exercise Psychology: The Key Concepts - Ellis Cashmore 2008-06-03

Now including exercise psychology terms for the first time in its second edition, *Sport and Exercise Psychology: The Key Concepts* offers a highly accessible introduction to this fascinating subject, its central theories and state-of-the-art research. Over 300 alphabetically-ordered entries cover such diverse terms as: adherence aggression emotion exercise dependence home advantage kinesiphobia left-handedness motivation retirement self-confidence. Cross-referenced, with suggestions for further reading and a full index, this latest key guide contains invaluable advice on the psychology of sport and exercise. A comprehensive A-Z guide to a fast-moving field of inquiry, this book is an essential resource for scholars, coaches, trainers, journalists, competitors, exercisers; in fact anyone associated with sport and exercise.

A Guide to the Psychology of Eating - Leighann R. Chaffee 2022-01-13

Why are spicy cuisines characteristic of hot climates? Does our stomach or our brain tell us when it is time to eat? And how do we decide if bugs are food? Employing a learner-centered approach, this introduction to the psychological mechanisms of consumption engages readers with questions and cross-cultural

examples to promote critical analysis and evidence-based comprehension. The discipline of psychology provides an important perspective to the study of eating, given the remarkable complexity of our food environments (including society and culture), eating habits, and relationships with food. As everything psychological is simultaneously biological, the role of evolutionary pressures and biopsychological forces are bases to explore complex processes within the book, such as sensation and perception, learning and cognition, and human development. The authors illuminate contemporary eating topics, including the scope and consequences of overnutrition, the aetiology of eating disorders, societal focus on dieting and body image, controversies in food policy, and culture-inspired cuisine. Supplemental resources and exercises are provided in a pedagogically-focused companion website.

Krause's Food & the Nutrition Care Process, Iranian edition E-Book - L.

Kathleen Mahan 2016-11-03

Krause's Food & the Nutrition Care Process, Iranian edition

Food and Medicine - Yogi Hale Hendlin 2021-05-19

This edited volume provides a biosemiotic analysis of the ecological relationship between food and medicine. Drawing on the origins of semiotics in medicine, this collection proposes innovative ways of considering aliments and treatments. Considering the ever-evolving character of our understanding of meaning-making in biology, and considering the keen popular interest in issues relating to food and medicines - fueled by an increasing body of interdisciplinary knowledge - the contributions here provide diverse insights and arguments into the larger ecology of organisms' engagement with and transformation through taking in matter. Bodies interpret molecules, enzymes, and alkaloids they intentionally and unintentionally come in contact with according to their pre-existing receptors. But their receptors are also changed by the experience. Once the body has identified a particular substance, it responds by initiating semiotic sequences and negotiations that fulfill vital functions for the organism at macro-, meso-, and micro-scales. Human abilities to distill and extract the living world into highly refined foods and medicines, however, have created substances far more potent than their counterparts in our historical evolution. Many of these substances also lack certain accompanying proteins, enzymes, and alkaloids that otherwise aid digestion or protect against side-effects in active extracted chemicals. Human biology has yet to catch up with human inventions such as supernormal foods and medicines that may flood receptors, overwhelming the body's normal satiation mechanisms. This volume discusses how biosemioticians can come to terms with these networks of meaning, providing a valuable and provocative compendium for semioticians, medical researchers and practitioners, sociologists, cultural theorists, bioethicists and scholars investigating the interdisciplinary questions stemming from food and medicine.

Worrying - Graham C. Davey 1994-05-31

The contributions in this comprehensive volume represent research conducted over the past 10 years. Practical and clinically relevant developments; several measurement instruments for the assessment of worry at all points along the developmental continuum; specific management and treatment strategies including a particularly useful tactic for modifying pessimism in worriers are among the issues discussed.

Body Image and Eating Disorders - Fabio Gabrielli 2022-06-09

A contemporary, interdisciplinary work that examines some of the most recent eating disorders and body image disorders of Western cultures.

Advanced Casebook of Obsessive-Compulsive and Related Disorders - Eric A.

Storch 2019-11-09

Advanced Casebook of Obsessive-Compulsive and Related Disorders: Conceptualizations and Treatment presents a synthesis of the emerging data across clinical phenomenology, assessment, psychological therapies and biologically-oriented therapies regarding obsessive compulsive disorders, including hoarding, skin picking, body dysmorphic and impulse control disorders. Following the re-classification of such disorders in the DSM-5, the book addresses recent advances in treatment, assessment, treatment augmentation and basic science of OCRDs. The second half of the book focuses on the treatment of OCRDs, covering both psychological therapies (e.g.

inhibitory learning informed exposure, tech-based CBT applications) and biologically oriented therapies (e.g. neuromodulation). Includes psychosocial theoretical and intervention approaches Addresses newly proposed clinical entities, such as misophonia and orthorexia Examines neurobiological features of OCRDs across the lifespan

Eating Disorders in Athletes - Joaquin Dosil 2008-03-10

This comprehensive, up-to-date book presents the latest research and applied practice to address all of the key issues relating to sport and eating disorders. The book begins by looking at the underlying factors behind the development of disordered eating. It goes on to consider evaluation, diagnosis and treatment across a wide range of sports and assesses the various types of treatment available and the practicalities of implementing treatment programmes. A whole chapter is devoted to the role of the internet, both as a source of information and possible treatment, for athletes with these disorders. The final chapter provides four practical examples and case studies of disordered eating in high-risk sports.

La peur de grossir - Bernard Waysfeld 2013-10-02

Notre société a peur de vieillir et de mourir. Elle a aussi terriblement peur de grossir. Confrontées à une situation de disponibilité et de pléthore jamais connue, de nombreuses jeunes femmes se soumettent à une alimentation contrôlée et restreinte. Ce comportement conduit à des troubles alimentaires, anorexies et boulimies notamment, avec leur cortège de désordres physiques et mentaux sévères. Primitive ou secondaire, la peur de grossir se trouve au cœur de la plupart des troubles alimentaires. Cette peur entretient et aggrave ces troubles. Il faut donc intervenir pour rompre le cercle vicieux : restriction-anorexie-boulimie, désordres psychologiques. Liés à des causes multiples, ces troubles alimentaires ne peuvent être abordés sous un seul angle. Seule une approche multidisciplinaire permet de pacifier la relation à l'aliment et au corps. À travers l'analyse minutieuse de tous les facteurs en cause, Bernard Waysfeld envisage les différentes prises en charge et privilégie l'approche de la personne dans sa singularité. Car réduire le trouble alimentaire à un simple trouble des conduites ou pire à un trouble nutritionnel constitue une démarche contre-productive vouée à l'échec.

Les troubles psychologiques - Emmanuel Habimana 2013-04-30T00:00:00-04:00

Les troubles psychologiques, que plusieurs appellent encore maladies mentales, sont l'objet de préjugés -tenaces, même s'ils touchent une personne sur cinq. Ce livre vise à les démystifier, à expliquer clairement leur nature et leurs causes, et à montrer qu'une guérison, sinon l'atténuation des symptômes, est possible. Entre autres conséquences d'un trouble psychologique, les personnes -atteintes ont tendance à se replier sur elles-mêmes et leurs proches peuvent se sentir démunis. Cet ouvrage peut contribuer à ce que les unes et les autres voient le trouble avec lucidité et acceptent de se faire aider. Il procure notamment des outils pour que les proches accompagnent mieux les personnes touchées. Il les aide aussi à comprendre leur mal-être, voire à l'apaiser. En somme, il donne espoir tant aux personnes atteintes qu'à leur -entourage.

Pediatric Health Conditions in Schools - Allison G. Dempsey 2019-10-28

As the rates of chronic health conditions in childhood increase, school-based professionals regularly encounter children with chronic health conditions in the school setting. Students with chronic health conditions often require accommodations, assessment, intervention, and close collaboration with medical providers and families. However, most school-based clinicians (school psychologists, counselors, social workers) responsible for addressing the special needs of these children have no prior experience and have never taken coursework related to common pediatric conditions. *Pediatric Health Conditions in Schools* is a practical guide for school-based clinicians working with children with chronic health issues. Section I provides a broad overview of school-related issues for working with children with long-term health problems. This includes a review of common medical conditions and terminology and cross-cutting issues related to social, emotional, and academic functioning, as well as the role of the school-based professional in collaborating across systems of care. This section also reviews legal and policy issues, as well as alternative educational settings for students with chronic health needs. Section II focuses on prevention, assessment, intervention, and consultations

strategies for both individual students and entire school systems. Finally, Section III includes chapters for common groups of medical conditions. Each chapter provides an overview of the condition(s), common school-related concerns, risk and protective factors and cultural considerations, and includes practical strategies, resources, and handouts for the school-based professional. Case examples are used throughout the book to illustrate key concepts and implications for the school setting.

Starving for Survival - Jason Wood 2022-01-11

Did you know men develop eating disorders too? Trust me, I know a guy! After years of hiding from the shouts of "Fatty" and "Porkchop" in the middle school locker room, Jason was determined to be a weight-loss success story. Only, Jason's newfound control over food didn't lead him to the picture-perfect ending he had envisioned. Following a health scare at twenty-nine, Jason turned to "clean eating" as his coping solution to the sudden loss of his parents, living in a run-down apartment, and broken family relationships. *Starving for Survival* explores how healthy eating can go from well-meaning improvements to knocking on death's door. Jason illustrates the damaging physical, mental, and social effects of orthorexia for men who may have been there, or for readers who suspect someone they love is struggling. Embracing vulnerability, Jason advances the conversation regarding men's mental health and the stigma that still exists today.

The Oxford Handbook of Food Ethics - Anne Barnhill 2018-01-08

Academic food ethics incorporates work from philosophy but also anthropology, economics, the environmental sciences and other natural sciences, geography, law, and sociology. Scholars from these fields have been producing work for decades on the food system, and on ethical, social, and policy issues connected to the food system. Yet in the last several years, there has been a notable increase in philosophical work on these issues—work that draws on multiple literatures within practical ethics, normative ethics and political philosophy. This handbook provides a sample of that philosophical work across multiple areas of food ethics: conventional agriculture and alternatives to it; animals; consumption; food justice; food politics; food workers; and, food and identity.

Defining Psychopathology in the 21st Century - John E. Helzer 2008-08-13

Among today's astounding research discoveries, perhaps the most fascinating is the mapping of the human genome and its implications for a vastly improved understanding of how genes affect our physiology and behavior. With that understanding comes a critical need to establish a diagnostic taxonomy for psychiatric illness that is more precise but still clinically relevant. This volume responds to that need. It highlights the shortcomings of current categorical diagnoses, such as those used in DSM-IV, for future research needs in behavioral disorders in general and psychiatric genetics in particular. With a chapter by each distinguished neuroscientist who presented at the 2000 American Psychopathological Association (APPA) meeting, this volume is divided into four sections: Definitional Tensions, which discusses the difficulties with the current categorical diagnostic system; Imaging Psychopathology, which presents research demonstrating how imaging technologies can tremendously improve our illness definitions; Longitudinal Studies, which details what we can learn from epidemiological and other longitudinal studies; and Exploring Alternatives, which discusses the application of dimensional classification systems in genetics research in psychopathology, with a fascinating chapter on using new methodologies for treating subsyndromal or pre-schizophrenia, a taxonomic condition defined herein as "schizotaxia." This unique collection represents a significant step in developing approaches to classification that will lead to more accurate diagnoses and treatments for patients and a broader range of taxonomic options for researchers. As such, it will also be welcomed by psychiatric clinicians and educators, as well as by anyone interested in genetics and how it governs human behavior.

Правильное питание как минное поле - Ирина Брехт 2019-08-31

Эта книга – гид по правильному питанию с научно-доказательным подходом. Она будет полезна тем, кто решил похудеть и хочет разобраться в правильном питании самостоятельно, тем, кто безрезультатно сидел на диетах или перегружен противоречивой

информацией. После прочтения вы избавитесь от мифов и интернет-страшилок о правильном питании и диетах, поймёте, какую роль играют белки, жиры, углеводы и калории, узнаете главные принципы похудения, освоите все рабочие стратегии и научитесь применять их в жизни.

Eating Disorders and Obesity - Phillipa Hay 2019-05-27

Eating Disorders have traditionally been considered apart from public health concerns about increasing obesity. It is evident that these problems are, however, related in important ways. Comorbid obesity and eating disorder is increasing at a faster rate than either obesity or eating disorders alone and one in five people with obesity also presents with an Eating Disorder, commonly but not limited to Binge Eating Disorder. New disorders have emerged such as normal weight or Atypical Anorexia Nervosa. However research and practice too often occurs in parallel with a failure to understand the weight disorder spectrum and consequences of co-morbidity that then contributes to poorer outcomes for people living with a larger size and an Eating Disorder. Urgently needed are trials that will inform more effective assessment, treatment and care where body size and eating disorder symptoms are both key to the research question.

Manuale per la cura e la prevenzione dei Disturbi dell'Alimentazione e delle Obesità (DA e O) - Sics Editore Srl 2017-03-09

From Virtue to Vice - Richard A. O'Connor 2015-03-01

The recovered possess the key to overcoming anorexia. Although individual sufferers do not know how the affliction takes hold, piecing their stories together reveals two accidental afflictions. One is that activity disorders—dieting, exercising, healthy eating—start as virtuous practices, but become addictive obsessions. The other affliction is a developmental disorder, which also starts with the virtuous—those eager for challenge and change. But these overachievers who seek self-improvement get a distorted life instead. Knowing anorexia from inside, the recovered offer two watchwords on helping those who suffer. One is "negotiate," to encourage compromise, which can aid recovery where coercion fails. The other is "balance," for the ill to pursue mind-with-body activities to defuse mind-over-body battles.

Sport Psychology - Ellis Cashmore 2002

Sport psychology is no longer just an academic subject, it is a discipline studied and applied by all those associated with sport, whether athletes, coaches, journalists or fans. This text concerns key topics in the field of sport psychology.

The Alternative Medicine Sourcebook - Steven Bratman 1998

The confusing array of alternative treatments, techniques, and philosophies can baffle the uninitiated consumer. In this book, Dr. Bratman provides a balanced and practical look at these areas, exploring their strengths and weaknesses and distinguishing between what is useful and what is nonsense.

Breaking Vegan - Jordan Younger 2015-11-01

Finding balance in life is a goal many of us strive to achieve. Whether it's through a healthy diet, exercise regimen, state of mind, relationship, or other activity (or all of the above), we spend our days trying to be, and become, our best selves. But what happens when all that focus starts to dominate our lives? When our desire for "perfect health" trumps everything else, perhaps without us even realizing it? What happens when our solution starts becoming the problem? These are questions that author and popular blogger Jordan Younger faced when she decided that her extreme, plant-based lifestyle just wasn't working in favor of her health anymore--and questions that you may be facing too. In *Breaking Vegan*, Jordan reveals how obsessive "healthy" dieting eventually led her to a diagnosis of orthorexia, or a focus on healthy food that involves other emotional factors and ultimately becomes dysfunctional, even dangerous. In candid detail, Jordan shares what it was like to leave veganism, the downfall of her desire to achieve nutritional perfection, and how she ultimately found her way to recovery. In addition to this, Jordan outlines an "anti-diet," whole-foods-based eating plan featuring more than 25 recipes to help inspire others to find similar balance in their own lives. *Breaking Vegan* is about tolerance and forgiveness. And ultimately, forging one's own path toward happiness.

Diversamente sano - Antonio Cerasa 2018-01-22T00:00:00+01:00

In una società egodistonica in cui quasi nessuno è soddisfatto della propria vita ed è alla continua ricerca di un'idea che metta in armonia i propri bisogni, i disturbi mentali crescono e mutano a una rapidità incontrollabile. E anche i confini tra ciò che dovrebbe essere sano e malato si confondono sempre di più. Lo scopo di questo libro è narrare l'essenza di alcune fra le più moderne e curiose malattie della mente, quali ortoressia, sindrome di Pollyanna, incontinenza emotiva, dipendenze da Internet e affettiva, fobie sociali, il tutto nella nuova prospettiva della psicologia positiva. Si cercherà, in particolare, di capire se esista un punto di egosintonia, cioè un confine in cui normalità, psicopatologia e malattia psichiatrica s'incontrano per permettere alla persona di vivere con più libertà la propria specifica attitudine.

Krause's Food & the Nutrition Care Process, MEA edition E-Book - L.

Kathleen Mahan 2016-12-08

Krause's Food & the Nutrition Care Process, MEA edition E-Book

Body Image, Eating, and Weight - Massimo Cuzzolaro 2018-11-03

This book equips readers with the knowledge required to improve diagnosis and treatment and to implement integrated prevention programs in patients with eating and weight disorders. It does so by providing a comprehensive, up-to-date review of research findings and theoretical assumptions concerning the interface and interactions between body image and such disorders as anorexia nervosa, bulimia nervosa, binge eating disorder, other specified feeding and eating disorders, orthorexia nervosa, overweight, and obesity. After consideration of issues of definition and classification, the opening part of the book examines the concept of body image from a variety of viewpoints. A series of chapters are then devoted to the assessment of the multidimensional construct "body image", to dysmorphophobia/body dysmorphic disorder, and to muscle dysmorphia. The third part discusses body image in people suffering from different eating disorders and/or overweight or obesity, and two final chapters focus on body image in the integrated prevention of eating disorders and obesity, and cultural differences regarding body image. The book will be of interest to all health professionals who work in the fields of psychiatry, clinical psychology, eating disorders, obesity, body image, adolescence, public health, and prevention.

Yoga, the Body, and Embodied Social Change - Beth Berila 2016-09-09

Yoga, the Body, and Embodied Social Change is the first collection to gather together prominent scholars on yoga and the body. Using an intersectional lens, the essays examine yoga in the United States as a complex cultural phenomenon that reveals racial, economic, gendered, and sexual politics of the body. From discussions of the stereotypical yoga body to analyses of pivotal court cases, Yoga, the Body, and Embodied Social Change examines the sociopolitical tensions of contemporary yoga. Because so many yogic spaces reflect the oppressive nature of many other public spheres, the essays in this collection also examine what needs to change in order for yoga to truly live up to its liberatory potential, from the blogosphere around Black women's health to the creation of queer and trans yoga classes to the healing potential of yoga for people living with chronic illness or trauma. While many of these conversations are emerging in the broader public sphere, few have made their way into academic scholarship. This book changes all that. The essays in this anthology interrogate yoga as it is portrayed in the media, yoga spaces, and yoga as it is integrated in education, the law, and concepts of health to examine who is included and who is excluded from yoga in the West. The result is a thoughtful analysis of the possibilities and the limitations of yoga for feminist social transformation.

Disturbi del comportamento alimentare e matrimonio canonico - Barbieri Cristiano 2010

Il tema stesso dell'opera e la sua attualità è un ulteriore motivo di interesse. I disturbi alimentari sono un fenomeno relativamente recente, una malattia sociale, concentrata nel mondo occidentale, spesso oggetto di studi sociologici e servizi clamorosi nei mass-media. Si tratta inoltre di un problema che tocca altri temi rilevanti: il ruolo della donna nella società, la formazione dell'identità personale, l'influsso della pubblicità. La genesi e il percorso dei disturbi alimentari presentano dunque una sfida ai giudici ecclesiastici, impegnati nella ricerca della verità ed in fedeltà alla dottrina cattolica sul vincolo matrimoniale.

Il perito e il giudice debbono muoversi su di un comune terreno antropologico, cioè su di una visione dell'uomo equilibrata e realista, che rifugga i facili ottimismo come ogni pessimismo paralizzante: questo dovrebbe poter permettere una comunicazione tra i vari saperi tale da rispettare i propri campi di conoscenza e le specifiche metodologie, per riconoscere l'essenza e le proprietà del matrimonio, identificando i parametri (a volte anche non precedentemente esplicitati) di un'eventuale incapacità...» (dalla Prefazione del R.P. Michael Hilbert, S.J.). «...Occorrerà dunque esaminare con rigore le fattispecie di nullità matrimoniale in cui saranno coinvolti soggetti affetti da disturbi della condotta alimentare, valutando, anche con l'ausilio dei periti, se il disturbo abbia veramente causato un serio e sostanziale vulnus alla capacità critica-estimativa-elettiva della parte accusata d'incapacità, ovvero alla sua idoneità ad assumere gli obblighi essenziali del matrimonio. Un rilievo particolare assumerà l'eventuale compresenza di altri disturbi e/o anomalie psichiche, coi quali il disturbo alimentare si ponga in posizione di concausa (in senso materiale) del difetto di discrezione o dell'incapacitas assumendi... una veloce disamina della - finora non copiosa - giurisprudenza rotale sembra suggerire che, generalmente, proprio in relazione alla sussistenza di un quadro patologico complesso, di cui il disturbo alimentare costituiva un tassello per quanto importante, si sia di volta in volta riconosciuta l'incapacità dei soggetti coinvolti ex can. 1095, n.2 o n.3; il che sottintenderebbe che la sussistenza del menzionato disturbo da sé sola non è presupposto sufficiente a produrre l'incapacità psichica, almeno fin quando non raggiunga livelli di gravità che lo rendano autonomamente rilevante ai fini della nullità... sarà il prosieguo del cammino giurisprudenziale a precisare i contorni della rilevanza canonica della categoria di disturbi in esame; non senza rinnovare comunque l'auspicio che, almeno per quanto dipende dai presupposti etno-culturali di sì inquietante fenomeno, esso non abbia a conoscere nella realtà sociale una ulteriore espansione» (dalla Postfazione di S.E. Mons. Antoni Stankiewicz).

The Obesity Myth - Paul F. Campos 2004

An exploration of America's self-defeating war on obesity argues against the myth that falsely equates thinness with health and explains why dieting is bad for the health and how the media misinform the public.

No comerás - Mariola Bernal 2007

Krause's Food & the Nutrition Care Process - E-Book - L. Kathleen Mahan 2016-05-17

A trusted classic for over 50 years, Krause's Food and the Nutrition Care Process, 14th Edition presents the most cutting-edge and up-to-date dietetics content available in this ever-changing field. Nicknamed the "nutrition bible", students and practitioners alike turn to its current, comprehensive content, engaging pedagogy and design, and logical presentation of information. This new edition includes the 2015 Dietary Guidelines for Americans, more visuals, and highlighted Clinical Case Studies, Clinical Insights, and Clinical Applications boxes that help translate scientific knowledge into practical patient care. Written by nearly 50 nationally recognized writers, researchers, and practitioners, it covers nutrition assessment and intervention, the nutritional needs of individuals in different stages of the life cycle, nutrition for health and fitness, and medical nutrition therapy. Authored by clinical specialists, ensuring in-depth coverage with many practical and evidence-based recommendations. Sample Nutrition Diagnosis boxes present a problem, its etiology, and its signs and symptoms before concluding with a sample nutrition diagnosis, providing both students and practitioners with real-life scenarios they may encounter in practice. UNIQUE! Pathophysiology algorithms present the cause, pathophysiology, and medical nutrition management for a variety of disorders and conditions to help you provide optimal nutritional care. Chapters on nutrition in each of the life cycle phases, include: Nutrition in Pregnancy and Lactation Nutrition in Infancy Nutrition in Childhood Nutrition in Adolescence Nutrition in the Adult Years Nutrition in Aging Focus On boxes provide thought-provoking information on key concepts for well-rounded study and further discussion within the classroom. New Directions boxes point you toward additional research on emerging areas in nutrition therapy. Clinical Insight boxes expand on clinical information, highlight areas that may go unnoticed, and contain clinical

resources for students and practitioners. Chapters on the nutritional care of the low-birth-weight and premature infant feature information on how to support their health, growth, and development. Useful websites direct you to online resources that relate to chapter topics. Key terms are defined at the beginning of each chapter and bolded within the text where they are discussed in more detail.

Orthorexia - Renee McGregor 2017-11-14

Could you or someone you love be dangerously obsessed with diet and exercise? • Do you care more about the virtue of what you eat – how "clean" it is – than the pleasure you receive from eating it? • Do you sacrifice experiences you once enjoyed to eat the food you believe is right? • Do you understand the impact these restrictions are having on your body? • Do you feel guilt or self-loathing when you stray from your "clean" diet? Orthorexia is an unhealthy obsession with eating only healthy food. It is closely related to anorexia, but focused on quality of food rather than quantity. But how do you know if you or a friend or loved one has crossed that line? And how much do you really know about the impact these diets, plans and detoxes are having on your body? **Orthorexia: When Healthy Eating Goes Bad** compassionately and expertly helps you to recognise potential issues, break free from the condition and find a way back to a balanced, truly healthy way of eating and enjoying life.

Eating Disorders in Women and Children - Kristin Goodheart 2011-10-24

Our understanding of eating disorders has improved markedly over the past 10 years since the publication of the previous edition of this volume. Early intervention is the key, as body dissatisfaction, obsession with thinness, and restrained and binge eating can be found in those as young as ten. Exploring prevention methods and therapeutic options,

Health Risks of Weight Loss - Francie M. Berg 1995

This practical guide brings together research on the health effects of dieting and rapid weight loss.

Food for Thought - Simona Stano 2021-10-20

This volume offers new insights into food and culture. Food habits, preferences, and taboos are partially regulated by ecological and material factors - in other words, all food systems are structured and given particular functioning mechanisms by specific societies and cultures, either according to totemic, sacrificial, hygienic-rationalist, aesthetic, or other symbolic logics. This provides much "food for thought". The famous expression has never been so appropriate: not only do cultures develop unique practices for the production, treatment and consumption of food, but such practices inevitably end up affecting food-related aspects and spheres that are generally perceived as objectively and materially defined. This book explores such dynamics drawing on various theoretical approaches and analytical methodologies, thus enhancing the cultural reflection on food and, at the same time, helping us see how the study of food itself can help us understand better what we call "culture". It will be of interest to anthropologists, philosophers, semioticians

The Oxford Handbook of Eating Disorders

and historians of food.

- W. Stewart Agras 2018

This handbook is currently in development, with individual articles publishing online in advance of print publication. At this time, we cannot add information about unpublished articles in this handbook, however the table of contents will continue to grow as additional articles pass through the review process and are added to the site. Please note that the online publication date for this handbook is the date that the first article in the title was published online. For more information, please read the site FAQs.

The Wiley Handbook of Eating Disorders - Linda Smolak 2015-07-29

This groundbreaking two-volume handbook provides a comprehensive collection of evidence-based analyses of the causes, treatment, and prevention of eating disorders. A two-volume handbook featuring contributions from an international group of experts, and edited by two of the leading authorities on eating disorders and body image research Presents comprehensive coverage of eating disorders, including their history, etiological factors, diagnosis, assessment, prevention, and treatment Tackles controversies and previously unanswered questions in the field Includes coverage of DSM-5 and suggestions for further research at the end of each chapter 2 Volumes

Hidden and Lesser-known Disordered Eating Behaviors in Medical and Psychiatric Conditions - Emilia Manzato 2021-10-01

This book provides up-to-date information on lesser known eating disorders (EDs) and eating related disorders. EDs and eating-related disorders include a highly heterogeneous group of syndromes and symptoms characterized by abnormal eating and weight control behaviors that can appear in all genders and ages. EDs can lead to high rates of morbidity and mortality, especially if they are misdiagnosed and untreated. The risk of underestimation is high for the lesser-known ED, and when unhealthy eating behaviors appear in unusual situations, such as some medical and psychiatric pathologies, adults and the elderly, sexual minorities etc. The volume examines EDs in specific populations (the elderly, males, infants and toddlers, sexual minorities, etc.). Several chapters explore in detail lesser-known EDs (anorexia athletica, avoidant/restrictive food intake disorder, chewing and spitting, EDs by proxy, EDs after bariatric surgery, muscle dysmorphia, night-eating syndrome, nocturnal sleep-related eating disorder, orthorexia nervosa, pica, rumination disorder, etc.). Finally, other chapters address features of unhealthy eating and weight control behaviors associated with medical diseases (achalasia, craniopharyngioma, cystic fibrosis, cyclic vomiting syndrome, diabetes, dysphagia, Kleine-Levin syndrome, Klinefelter syndrome, Parkinson disease, Prader-Willi syndrome, Turner syndrome, etc.) The book will be a valuable resource for all health professionals who work in the fields of psychiatry, clinical psychology, eating disorders, obesity, medicine, clinical nutrition, public health, and prevention, allowing them to broaden their understanding of these disorders, and to enhance their clinical ability to diagnose them.