

Pit Bull Heroes 49 Underdogs With Resilience And

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Pit Bull Flower Power - Sophie Gamand 2018

For decades, pit bulls have been demonized by society and portrayed as hellhounds. They've become the most feared, hated, and abused of all companion animals. Some cities and even entire countries ban them, while the media persist in associating them with viciousness. This unjust reputation has sealed the fate of millions of dogs, who face prejudice around the world and languish in shelters, where they are the most euthanized. In America alone, hundreds of thousands of pit bulls are put to sleep every year. Since 2014, French photographer Sophie Gamand has been composing portraits of adoptable pit bulls from more than thirty shelters and rescues throughout the United States. Many had been waiting for years for a home. Adorning her models with handmade flower-crowns, Gamand tells each dog's story and celebrates their inherent personality, vulnerability, and individuality. Posted and shared widely on social media, the portraits--at once charming, candid, and deeply affecting--have not only led to hundreds of dogs finding loving, forever homes, but have also spurred efforts to destigmatize an animal whose reputation for violence says more about us than it does the character of the dogs themselves. Full of moving, honest, and inspiring stories of individual dogs and their lives (and deaths), *Pit Bull Flower Power* presents a vivid, beautifully composed cross-section of Gamand's extraordinary work. The book also serves as a testament to the caring people who work in animal rescue, the passion and dedication of those who provide homes for these animals, and the dignity, forbearance, and love of these dogs, who are at the mercy of humans.

Your Robot Dog Will Die - Arin Greenwood 2018-04-17

Fusing the heart of Julie of the Wolves with the imagination of *Little Brother* and *Ship Breaker*, this speculative YA is a must-read for any dog lover. When a global genetic experiment goes awry and canines stop wagging their tails, mass hysteria ensues and the species is systematically euthanized. But soon, Mechanical Tail comes to the rescue. The company creates replacements for "man's best friend" and studies them on Dog Island, where 17-year-old Nano Miller was born and raised. Nano's life has become a cycle of annual heartbreak. Every spring, she is given the latest robot dog model to test, only to have it torn from her arms a year later. But one day she makes a discovery that upends everything she's taken for granted: a living puppy that miraculously wags its tail. And there is no way she's letting this dog go.

American Visions of the Netherlands East

Indies/Indonesia - Frances Gouda 2002

A revealing reassessment of the American government's position towards Indonesia's struggle for independence.

Nihilist Communism - Dupont (Monsieur.) 2009

Originally self-published in 2003, now edited and designed by Ardent Press, still one of the most hard-nosed books to call the left to account -- with scathing, thoughtful rebuttals to those who continue to believe that the revolution is just a matter of consciousness-raising and recruitment, or that identity politics has anything to do with Marxist thought. Many will reject the materialism inherent in this analysis, but we appreciate the logical consistency (and the occasional brilliance of writing) of Monsieur Dupont; so refreshing in a world in which people withdraw to muddle-headedness in incoherent attempts to fit all topics into some kind of grab bag, attempts seemingly designed to avoid offense rather than to follow ideas through to their logical (or even illogical) conclusions. Unlike so many people who either reject theory all together (rather, who obscure the theory that they work from), or who embrace theory and ignore the ways reality doesn't fit their ideas, Msr Dupont

reflected on their experience (and that of others) and changed their theory to suit their lives. We need more people who are willing to be unpopular, who work an idea until it groans, who reflect on real life experiences and then acknowledge the ways in which prevailing theory doesn't make sense, and who are then capable of challenging prevailing theory to be more coherent, more realistic, and more useful. species being could be considered a companion text to *Nihilist Communism*, or vice versa: reading them together has been helpful for some. *Nihilist Communism* refers more to specific political occurrences, and species being fleshes out some of the more esoteric ideas.

The Regime Change of Kwame Nkrumah - A. Rahman 2007-02-05

This book tells the story of Kwame Nkrumah, the first post-colonial president of an independent African country. The book utilizes previously unpublished and recently declassified IS State Department documents to give an analysis and a chronology of Nkrumah's fall. The book is written for a general audience and for academic historians and students.

The Global Political Economy of Israel - Jonathan Nitzan 2002-08-20

Leading writer Boris Kagarlitsky offers an ambitious account of 1000 years of Russian history.

The Resilient Practitioner - Thomas M. Skovholt 2014-04-08

Therapists and other helping professionals, such as teachers, doctors and nurses, social workers, and clergy, work in highly demanding fields and can suffer from burnout, compassion fatigue, and secondary stress. This happens when they give more attention to their clients' well being than their own. Both students and practitioners in these fields will find this book an essential guide to striking an optimal balance between self-care and other-care. The authors describe the joys and hazards of the work, the long road from novice to senior practitioner, the essence of burnout, ways to maintain the professional and personal self, methods experts use to maintain vitality, and a self-care action plan. Vivid real-life examples and self-reflection questions will engage and motivate readers to think about their own work and ways to enhance their own resilience. Eloquently written and supported by extensive research, helping professionals will find this a valuable resource both when a novice and when an experienced practitioner.

Game, Set, Cash! - Brad Hutchins 2014-05-28

Inside the secret world of tennis court-siding. Brad Hutchins has been living a young bloke's dream: getting paid to travel the world and watch sport. Sitting court-side on the pro tennis circuit, he uses his phone to transmit results to a gambling syndicate, taking advantage of the time delay in TV broadcasts to beat other online punters to the big pay-offs. His stories from life on the road capture the adventures and mishaps that come with following the world's best tennis players and partying in a new country every week. But like card counters in casinos, court-siders are despised by the tennis establishment. The more time Brad spends at tournaments, the harder it becomes for him to evade the security guards who are hell-bent on ejecting him from matches. The resulting cat-and-mouse chases will appeal to anyone who loves the roguish spirit of *The Wolf of Wall Street* or *Catch Me If You Can*. Brad Hutchins spent his youth playing sports and travelling the world, before finding his dream job as a tennis trader. Born and raised in Brisbane, he has lived and worked in the UK and Canada, and now teaches primary school students on the Gold Coast. *Game, Set, Cash!* is his first book.

F Is for Fairy Tale - Greg Paprocki 2021-03

An engaging collection of 26 illustrations featuring

many different fairy tales and fairy tale objects--such as Castle, for Cinderella; Lamp, for Aladdin; Tower, for Rapunzel; and Red Roses, for Alice in Wonderland. Teach your little ones to be just like a fairy tale hero with words such as Brave, Fearless, and Mighty.

The Hero and the Outlaw: Building Extraordinary Brands Through the Power of Archetypes - Margaret Mark
2001-02-06

A brand's meaning--how it resonates in the public heart and mind--is a company's most valuable competitive advantage. Yet, few companies really know how brand meaning works, how to manage it, and how to use brand meaning strategically. Written by best-selling author Carol S. Pearson (The Hero Within) and branding guru Margaret Mark, this groundbreaking book provides the illusive and compelling answer. Using studies drawn from the experiences of Nike, Marlboro, Ivory and other powerhouse brands, the authors show that the most successful brands are those that most effectively correspond to fundamental patterns in the unconscious mind known as archetypes. The book provides tools and strategies to:

- Implement a proven system for identifying the most appropriate and leverageable archetypes for any company and/or brand
- Harness the power of the archetype to align corporate strategy to sustain competitive advantage

White Fang - Jack London 1906

Wet Dog - Sophie Gamand 2015-10-13

An adorable and hilarious collection of dog photographs. Every dog owner knows too well the fun and misery of bath time: the wriggles, the poignant looks, the playful splashes. WET DOG, by photographer Sophie Gamand, is a stunning and touching capture of this intimate moment. Elevating dog photography to the status of art, these expressive portraits of our canine friends mirror our very own human emotions.

Peanut Butter Puppies - 2021-03-16

An irresistible photo collection of 70 rescued puppies in expressions of peanut butter bliss. Rescue-dog advocate and professional photographer Greg Murray has followed up on the fan favorite Peanut Butter Dogs with an even more irresistible theme: Peanut Butter Puppies. These adorable portraits of rescued dogs, captured in studio with colorful backgrounds and in delightfully amusing detail, will tug at your heartstrings. Prepare to swoon over Wallaby, the seven-month-old heeler; Archie, the eight-month-old Chihuahua; Fiona Wigglesworth, the eight-month-old Boston terrier; Zoey, the nine-month-old mastiff mix, and so many more! Each one-of-a-kind portrait is sure to make your day. Names, ages, and breed/mix accompany each portrait. Greg Murray is an award-winning lifestyle, commercial, and portrait animal photographer. He is active in animal rescue and advocacy for pit bull-type dogs. Greg is the photographer behind Peanut Butter Dogs, a rollicking portrait collection of more than 140 dogs enjoying peanut butter, and Pit Bull Heroes: 49 Underdogs with Resilience & Heart, which spotlights forty-nine underdogs who beat the odds and became heroes in their families, neighborhoods, and communities. His work has been featured in Huffington Post, Today, Daily Mail, Elle, People, and other media outlets throughout the world. Greg lives near Cleveland, Ohio, with his wife, Kristen, daughter, Evie, and two rescue dogs, Leo and Kensie.

The Year of the Dogs - Vincent J. Musi 2019-12-03

From a labrador that likes opera to a tooting bulldog, Vincent Musi chronicled the character and personality of everyday dogs and compiled them into one gorgeous and captivating book. Discover the stunning collection of photographs that shows the majesty, playfulness, and joy that is man's best friend: As a National Geographic photographer, taking pictures of lions, tigers, and bears was a regular day's work for Vincent Musi, but in 2017 he gave himself a new challenge: dogs. Using the same lighting and photographic techniques he uses for his National Geographic photography, Musi spent a year shooting portraits of dogs and compiling them into a book complete with all of the tail wags, wet noses, and dogs of all shapes and sizes.

- Features over 100 dogs in a series of exquisite photos with close-ups, profiles, and full body shots along with a narrative about each dog
- Presented in an elegant package that properly showcase the vitality of Musi's photos
- Vincent J. Musi is a popular speaker, National Geographic photographer, and owner of the Unleashed

Studio. He resides in South Carolina With delightful and informative bios displayed next to each portrait, The Year of the Dogs will have you entertained and doggedly coming back for more. Makes an excellent coffee table book for casual browsing and to inspire happy conversations about dogs. The Year of the Dogs will be the go-to gift book for dog lovers of all ages.

Global Diasporas - Robin Cohen 2008-03-17

In a perceptive and arresting analysis, Robin Cohen introduces his distinctive approach to the study of the world's diasporas. This book investigates the changing meanings of the concept and the contemporary diasporic condition, including case studies of Jewish, Armenian, African, Chinese, British, Indian, Lebanese and Caribbean people. The first edition of this book had a major impact on diaspora studies and was the foundational text in an emerging research and teaching field. This second edition extends and clarifies Robin Cohen's argument, addresses some critiques and outlines new perspectives for the study of diasporas. It has also been made more student-friendly with illustrations, guided readings and suggested essay questions.

I'm a Good Dog - Ken Foster 2012-10-25

Filled with inspiring stories and photographs, this heartfelt tribute to the pit bull celebrates one of America's most popular yet misunderstood dogs. Perhaps more than any other breed, the pit bull has been dogged by negative stereotypes. In truth, pit bulls are innately wonderful family pets, as capable of love and good deeds as any other type of dog. Setting the record straight, Ken Foster sings the praises of pit bulls in *I'm a Good Dog*, a gorgeously illustrated, tenderly written tribute to this most misunderstood of canines. Founder of the Sula Foundation, which promotes responsible pit bull ownership in New Orleans, and the author of two acclaimed books about abandoned dogs, Foster has made it his mission to bring overlooked canines into the limelight. *I'm a Good Dog* traces the fascinating history of this particularly maligned breed. A century ago, the pit bull was considered a family dog, featured in family photos and trusted as loving companions for children. More recently, pit bulls have been portrayed by the media as stereotypes of everything they are not. Foster shatters that reputation through moving profiles of pit bulls that serve as therapy dogs, athletic heroes, search-and-rescue dogs, and educators, not to mention as loving pets. Foster also profiles many pit bull lovers, from Helen Keller and Dr. Seuss to actor Todd Cerveris, who took his pit bull on tour with him for the musical *Spring Awakening*. Proving that there's much to love and nothing to fear, *I'm a Good Dog* restores the pit bull to its rightful place as friend, family member, athlete and entertainer.

Doctor Dogs - Maria Goodavage 2020-11-17

New York Times bestselling author Maria Goodavage takes us on a thrilling, delightful, globe-trotting journey to discover the heartwarming and fascinating new world of doctor dogs. In this groundbreaking book, Goodavage brings us behind the scenes of cutting-edge science at top research centers, and into the lives of people whose well-being depends on their devoted, highly skilled personal MDs (medical dogs). With her signature wit and passion, Goodavage explores how doctor dogs are becoming our happy allies in the fight against dozens of physical and mental conditions. We meet dogs who detect cancer and Parkinson's disease, and dogs who alert people to seizures and diabetic lows or highs and other life-threatening physical ailments. Goodavage reveals the revolutionary ways dogs are helping those with autism, anxiety, depression, schizophrenia, and post-traumatic stress disorder. And she introduces us to intrepid canines who are protecting us from antibiotic-resistant bugs, and to dogs who may one day help keep us safe from epidemic catastrophe. Their paycheck for their lifesaving work? Heartfelt praise and a tasty treat or favorite toy. The emotional element in *Doctor Dogs* delivers as powerfully as the science. You don't have to be a dog lover to care deeply about what these dogs are doing and what we are learning from them--although if you're not a dog lover, you probably will be by the end of the book.

The Pit Bull Life: A Dog Lover's Companion - Deirdre Franklin 2016-11-22

Everything you need to know about adopting, owning, and loving a pit bull All dogs are special, but living with a pit bull really is different. You know how loyal and lovable your dog is, but your life can be affected by

the breed's undeserved reputation. The Pit Bull Life celebrates the everyday joys of owning a pit bull—from their boundless energy to their love of life—while providing helpful facts and strategies you need to counter unfair laws and policies you may face. You'll learn the history of how the pit bull got to where it is today and what you can do to help secure its future. You'll also find practical advice about breed characteristics, how to find a good match, and how to communicate with your dog, along with inspiring stories of people who've devoted their lives to this very special dog.

Pit Bull Heroes - Greg Murray 2019-11-26

A celebration of forty-nine pit bulls doing a world of good, from the photographer behind Peanut Butter Dogs. Pit Bull Heroes spotlights forty-nine good boys and girls who beat the odds and became heroes in their families, neighborhoods, and communities. Meet Chad, found on a street corner, who now serves as the first pit bull in the pet therapy program at Children's Hospital of Philadelphia; Apollo, who finished first in his police training and now sniffs out narcotics at his full-time job in Washington State; and Charlie, who rallied an entire community to fight breed-specific legislation laws in Lakewood, Ohio. All pit bulls; all heroes in their own way. Animal advocate and photographer Greg Murray captures these pit bull heroes in their day-to-day lives and shares their inspiring stories. Also included are helpful resources to show how you, too, can become an advocate for pit bulls and animal safety in your community. "A heartwarming testament to the incredible value dogs have in our lives. Greg captures these special friendships beautifully with his remarkable photography." -Maggie Marton, Oh My Dog blog "I hope and believe this inspiring, joyful book will help more dogs get adopted into homes so they can become heroes, too." -Arin Greenwood, author of Your Robot Dog Will Die

Be More Dog - Alison Davies 2019-09-17

Embrace your inner canine and Be More Dog! From finding your wag to barking loudly and making friends, this book will show you how to say 'woof, woof, woof' to life. Whether it's a mad dash around the local park or sneaking an errant sausage off the BBQ, the world is a wagtastically wonderful place full of fun and treats if you're willing to open your heart. From Great Danes to Miniature Dachshunds, Poodles to Chihuahuas, there's no such thing as an underdog - every pup has something to offer! This book reveals the different doggie traits that you can adopt to Be More Dog and live a happier, healthier, more 'courageous canine' existence. Packed with practical tips and exercises, interspersed with folklore and fun facts about our loyal, loving companions, there's something for everyone. So, throw yourself a bone, use the power of the paw, and learn the art of being more dog.

Saving Normal - Allen Frances, M.D. 2013-05-14

From "the most powerful psychiatrist in America" (New York Times) and "the man who wrote the book on mental illness" (Wired), a deeply fascinating and urgently important critique of the widespread medicalization of normality. Anyone living a full, rich life experiences ups and downs, stresses, disappointments, sorrows, and setbacks. These challenges are a normal part of being human, and they should not be treated as psychiatric disease. However, today millions of people who are really no more than "worried well" are being diagnosed as having a mental disorder and are receiving unnecessary treatment. In *Saving Normal*, Allen Frances, one of the world's most influential psychiatrists, warns that mislabeling everyday problems as mental illness has shocking implications for individuals and society: stigmatizing a healthy person as mentally ill leads to unnecessary, harmful medications, the narrowing of horizons, misallocation of medical resources, and draining of the budgets of families and the nation. We also shift responsibility for our mental well-being away from our own naturally resilient and self-healing brains, which have kept us sane for hundreds of thousands of years, and into the hands of "Big Pharma," who are reaping multi-billion-dollar profits. Frances cautions that the new edition of the "bible of psychiatry," the Diagnostic and Statistical Manual of Mental Disorders-5 (DSM-5), will turn our current diagnostic inflation into hyperinflation by converting millions of "normal" people into "mental patients." Alarming, in DSM-5, normal grief will become "Major

Depressive Disorder"; the forgetting seen in old age is "Mild Neurocognitive Disorder"; temper tantrums are "Disruptive Mood Dysregulation Disorder"; worrying about a medical illness is "Somatic Symptom Disorder"; gluttony is "Binge Eating Disorder"; and most of us will qualify for adult "Attention Deficit Disorder." What's more, all of these newly invented conditions will worsen the cruel paradox of the mental health industry: those who desperately need psychiatric help are left shamefully neglected, while the "worried well" are given the bulk of the treatment, often at their own detriment. Masterfully charting the history of psychiatric fads throughout history, Frances argues that whenever we arbitrarily label another aspect of the human condition a "disease," we further chip away at our human adaptability and diversity, dulling the full palette of what is normal and losing something fundamental of ourselves in the process. *Saving Normal* is a call to all of us to reclaim the full measure of our humanity.

Of Corpse - Peter Narvaez 2003-07

Laughter, contemporary theory suggests, is often aggressive in some manner and may be prompted by a sudden perception of incongruity combined with memories of past emotional experience. Given this importance of the past to our recognition of the comic, it follows that some "traditions" dispose us to ludic responses. The studies in *Of Corpse: Death and Humor in Folklore and Popular Culture* examine specific interactions of text (jokes, poetry, epitaphs, iconography, film drama) and social context (wakes, festivals, disasters) that shape and generate laughter. Uniquely, however, the essays here peruse a remarkable paradox---the convergence of death and humor.

Pit Bull Heroes - Greg Murray 2019

The author spotlights 49 underdogs who beat the odds and became heroes in their families, neighborhoods, and communities. Animal advocate and photographer Murray captures these pit bull heroes in their day-to-day lives and shares their inspiring stories.

S Is for School - Greg Paprocki 2018

Presents words related to school for each letter of the alphabet, from alphabet to zero.

My Life Among the Underdogs - Tia Torres 2019-01-15

From one of the most respected figures in the dog rescue community come the harrowing, funny, and inspiring stories of nine incredible dogs that shaped her life. Tia Torres, beloved underdog advocate and star of Animal Planet's hit show *Pit Bulls & Parolees*, chronicles her roller-coaster life in this heartwarming memoir featuring some of her best-loved dogs. With inimitable honesty and characteristic brashness, Tia captures the spirit and heart of these intelligent and loving canines, while carrying us behind the scenes of her TV show, into the heart of post-Katrina New Orleans, onto the soundstages of Hollywood films, and even to the jungles of Sri Lanka. Tia has devoted her life to shattering the stereotype that pit bulls are dangerous, vicious predators. As the top dog at the Villalobos Rescue Center in New Orleans, the largest pit bull rescue in the United States, she and her team have rescued, rehabilitated, and rehomed hundreds of animals that might otherwise have been destroyed. As she puts it, "Most of the stories in this book are about animals (and a few humans) that needed someone to believe in them and a purpose in order to show their true nobility." Each dog Tia writes about here has overcome abuse, trauma, neglect, or just bad luck to become a stalwart, loving companion to Tia and her family. You'll meet Duke, whose intelligence and matinee-idol looks made him a star in movies and music videos; Junkyard Joe, whose single-minded passion for tennis balls was channeled into expertise as a drug-sniffing dog; Blueie, the unswerving protector of Tia's daughter Tania; and a host of other unforgettable canines. *My Life Among the Underdogs* is above all a love story--one that is sure to grip the heart of anyone who has ever loved a dog.

Gotcha Day! - Greg Murray 2023-09-26

Adorable, candid photographs and the inspiring stories of over 60 rescue dogs and the humans who gave them their forever homes. Meet Killian who is obsessed with clothes and just has to find the right outfit each morning; Jet who snores louder than a human; and Roger, who came to his family from a puppy mill and learned that people can be kind and loving. *Gotcha Day!* spotlights the adoption tales of over 60 adorable rescue dogs and their new forever families. The unique personality of each pup shines through the candid photos

by animal advocate and photographer Greg Murray, and their humans let us in on their inspiring stories, funny quirks, and all the many things that make them special.

The History of the World in Fifty Dogs - Mackenzi Lee 2019-10-15

Illustrated stories about dogs that knew how to sit, stay, and witness history—from the loyal Greyfriars Bobby to Lizzie Borden's Boston Terriers. Most dog lovers know Fido and Laika, but how about Martha, Paul McCartney's Old English Sheepdog? Or Peritas, Alexander the Great's trusted canine companion? As long as there have been humans, those humans have had beloved companions—their dogs. From the ancient Egyptians mummifying their pups, to the Indian legend of the king who refused to enter the afterlife unless his dog was allowed there too, to the modern meme and popularity of terms like the corgi sploot, humans are undeniably obsessed with their dogs. Told in short, illustrated essays that are interspersed with both historical and canine factoids, *The History of the World in Fifty Dogs* brings to life some of history's most memorable moments through the stories of the dogs that saw them happen.

Meow - Anouska Jones 2014-10-01

Cats have a way of walking into our lives and making themselves right at home. No cat lover can imagine life without a feline presence – even if it is only as fleeting as the occasional conversation with a neighbourhood stray. *Meow: A book of happiness for cat lovers* is a compendium of delightful quotes that capture the essence of this fascination. Some are by famous people (Mark Twain, Jean Cocteau, Ernest Hemingway), others not; some are philosophical, others light-hearted – all are memorable. Accompanied by beautiful photography, and presented in a high-quality gift format, this is a collection of quotes to treasure.

Results - Bruce A. Pasternack 2005-10-18

Every company has a personality. Does yours help or hinder your results? Does it make you fit for growth? Find out by taking the quiz that's helped 50,000 people better understand their organizations at OrgDNA.com and to learn more about Organizational DNA. Just as you can understand an individual's personality, so too can you understand a company's type—what makes it tick, what's good and bad about it. *Results* explains why some organizations bob and weave and roll with the punches to consistently deliver on commitments and produce great results, while others can't leave their corner of the ring without tripping on their own shoelaces. Gary Neilson and Bruce Pasternack help you identify which of the seven company types you work for—and how to keep what's good and fix what's wrong. You'll feel the shock of recognition (“That's me, that's my company”) as you find out whether your organization is: • Passive-Aggressive (“everyone agrees, smiles, and nods, but nothing changes”): entrenched underground resistance makes getting anything done like trying to nail Jell-O to the wall • Fits-and-Starts (“let 1,000 flowers bloom”): filled with smart people pulling in different directions • Outgrown (“the good old days meet a brave new world”): reacts slowly to market developments, since it's too hard to run new ideas up the flagpole • Overmanaged (“we're from corporate and we're here to help”): more reporting than working, as managers check on their subordinates' work so they can in turn report to their bosses • Just-in-Time (“succeeding, but by the skin of our teeth”): can turn on a dime and create real breakthroughs but also tends to burn out its best and brightest • Military Precision (“flying in formation”): executes brilliant strategies but usually does not deal well with events not in the playbook • Resilient (“as good as it gets”): flexible, forward-looking, and fun; bounces back when it hits a bump in the road and never, ever rests on its laurels For anyone who's ever said, “Wow, that's a great idea, but it'll never happen here” or “Whew, we pulled it off again, but I'm tired of all this sprinting,” *Results* provides robust, practical ideas for becoming and remaining a resilient business. Also available as an eBook From the Hardcover edition.

Born to Run - Christopher McDougall 2011-03-29

NATIONAL BESTSELLER • The astonishing and hugely entertaining story that completely changed the way we run. An epic adventure that began with one simple question: Why does my foot hurt? “Equal parts quest, physiology treatise, and running history.... The climactic race reads like a sprint.... It simply makes you want to run.” —Outside Magazine Isolated by Mexico's deadly Copper Canyons, the blissful Tarahumara Indians

have honed the ability to run hundreds of miles without rest or injury. In a riveting narrative, award-winning journalist and often-injured runner Christopher McDougall sets out to discover their secrets. In the process, he takes his readers from science labs at Harvard to the sun-baked valleys and freezing peaks across North America, where ever-growing numbers of ultra-runners are pushing their bodies to the limit, and, finally, to a climactic race in the Copper Canyons that pits America's best ultra-runners against the tribe. McDougall's incredible story will not only engage your mind but inspire your body when you realize that you, indeed all of us, were born to run. Look for *Born to Run 2*, coming in December!

Peanut Butter Dogs - Greg Murray 2017-03-14

The perfect gift for any dog-lover, and a must-have for any dog owner; no bones about it, these Peanut Butter Dogs will make your day. Yorkies, Retrievers, Pit Bulls, Great Danes, French Bulldogs, and more! This winsome collection of photographs covers more than 140 lovable pups, most of them rescues, in expressions of peanut butter bliss. Names, ages, and brief bios of each dog accompany their portraits. Greg Murray is an award-winning photographer and rescue animal advocate. His work has been featured in Huffington Post, Daily Mail UK, Mirror UK, Fox News Network, Cleveland NBC, CBS & FOX, Cleveland Magazine, Cleveland.com, BuzzFeed, USA Today and various other media outlets throughout the world. He lives in Ohio, with his wife and their two rescue dogs.

The Story of Keiko & Niko - Tawny Minami 2020-12-15

The story of rescue pitbull brothers that were reunited after a year apart.

The IABC Handbook of Organizational Communication -

Tamara Gillis 2011-03-21

Praise for *The IABC Handbook of Organizational Communication* "Looking to expand your professional abilities? Learn new skills? Or hone your area of expertise? This book delivers an amazing and practical study of our profession—and a guidebook for strategic communication best practices. The Handbook explores the many aspects of our profession with expert insights of the best of the best in communication."—John Deveney, ABC, APR, president, Deveney Communication "Chalk up a win for Team IABC. Editor Tamara Gillis has assembled a winning lineup of the best communicators to compile this useful, readable Handbook. Not another how-to-do-it tactical manual, this volume draws from theory and global best practices to explain the strategic reasons behind modern communication. A must-read for anyone interested in understanding the communication profession and a useful desktop companion to the professional communicator's dictionary and style guide."—William Briggs, IABC Fellow and director, School of Journalism and Mass Communications, San Jose State University "It is a real pleasure to read this latest version. It presents a sound, research-based foundation on communication—its importance to organizations, why the function must be strategic, and what it takes to get it right."—John G. Clemons, ABC, APR, corporate director of community relations, Raytheon "All myths about organizational communicators being brainwashed, biased corporate journalists are out the window. This stellar compendium from dozens of authors, researchers, and editors of high professional stature is timely and forward-thinking. Communication students particularly will benefit from understanding the complex disciplines that intertwine and drive effective organizational communication."—Barbara W. Puffer, ABC, president, Puffer Public Relations Strategies, and associate professor and course chair, Communications Studies and Professional Writing, University of Maryland University College

Heroes of Horror - James Wyatt 2005

The essential handbook integrating fear and horror into D&D play, this guide provides everything Dungeon Masters need to run a horror-oriented campaign or integrate elements of creepiness and tension into their existing campaigns.

Handbook of the Sociology of the Military - Giuseppe Caforio 2007-07-23

This accessible handbook is the first of its kind to examine the sociological approach to the study of the military. The contents are compiled from the work of researchers at universities around the world, as well as military officers devoted to the sector of study. Beginning with a review of studies prior to contemporary

research, the book provides a comprehensive survey of the topic. The scope of coverage extends to civic-military relations, including issues surrounding democratic control of the armed forces; military culture; professional training; conditions and problems of minorities in the armed forces; an examination of structural change within the military over the years including new duties and functions following the Cold War.

The Book of Iowa Films - Marty Knepper 2014-08-04

This is the first comprehensive history of films made in or about Iowa. It reflects some twenty years of collecting, lecturing, and talking with some of Iowa's current generation of independent filmmakers. It covers the span from 1918 to 2013 and gives important background information on dozens of high profile films such as the STATE FAIR films of 1933 and 1945, THE BRIDGES OF MADISON COUNTY, FIELD OF DREAMS, and many others. It is designed as a companion for the State Historical Society's blockbuster "Hollywood in the Heartland" exhibition in Des Moines that is scheduled to run at least through 2016. The book has an interpretive essay covering the entire history as well as paragraph length descriptions of each film. A user-friendly feature is the Index of Films, which makes it easy to locate discussions of individual films. Marty Knepper is a featured commentator on video screens in the "Hollywood in the Heartland" exhibition.

Bob Langrish's World of Horses - 2018-10-02

Bob Langrish's World of Horses is the culminating collection of a master photographer who has traveled six continents in search of the most compelling horses in their native habitats. From the Mongolian steppe to the South African desert, barrier islands to city streets, Langrish has recorded the lives and activities of these majestic and beloved animals. His images capture the grace and soul of horses in all shapes and sizes. Brisk, lively text by Olympic gold medalist Jane Holderness-Roddam accompanies each photo, relating the story of how horse behaviors and traits vary by habitat, as well as the behind-the-scenes details of Langrish's adventures. Dramatic, poignant, and personal, Langrish's photos are a testament to the ancient and abiding horse-human relationship.

No Logo - Naomi Klein 2000-01-15

"What corporations fear most are consumers who ask questions. Naomi Klein offers us the arguments with which to take on the superbrands." Billy Bragg from the bookjacket.

Raise Your Game - Alan Stein 2019-01-08

Performance coach Alan Stein Jr. shares the secret principles used by world-class performers that will help you improve your productivity and achieve higher levels of success. High achievers are at the top of their game because of the discipline they have during the unseen hours. They have made a commitment to establish, tweak, and repeat positive habits in everything they do. RAISE YOUR GAME examines the top leaders in sports and business and proves that success is a result of the little things we do all the time. The basic principles provided in RAISE YOUR GAME are simple, but not easy. We live in an instantly downloadable world that encourages us to skip steps. We are taught to chase what's hot, flashy and sexy and ignore what's basic. But the basics work. They always have and they always will. RAISE YOUR GAME will inspire and empower you to commit to the fundamentals, create a winning mindset, and progress into new levels of success.

Songwriting For Dummies - Dave Austin 2010-07-08

Proven techniques for songwriting success This friendly, hands-on guide tackles the new face of the recording industry, guiding you through the shift from traditional sales to downloads and mobile music, as well as how you can harness social media networks to get your music "out there." You get basic songwriting concepts, insider tips and advice, and inspiration for writing – and selling – meaningful, timeless songs. Songwriting 101 – get a grip on everything you need to know to write a song, from learning to listen to your "inner voice" to creating a "mood" and everything in between Jaunt around the genres – discover the variety of musical genres and find your fit, whether it's rock, pop, R&B, gospel, country, or more Let the lyrics out – master the art of writing lyrics, from finding your own voice to penning the actual words to using hooks, verses, choruses, and bridges Make beautiful music – find your rhythm, make melodies, and use chords to put the finishing touches on your song Work the Web – harness online marketing and social networks like Facebook, Twitter, and others to get your music heard by a whole new audience Open the book and find: What you need to know before you write a single note Tips on finding inspiration Ways to use poetic devices in lyrics Computer and Web-based shortcuts and technologies to streamline songwriting A look at famous songwriting collaborators Writing for stage, screen, and television How to make a demo to get your song heard Advice on how to make money from your music Learn to: Develop your songwriting skills with tips and techniques from the pros Use social networking sites to get your music out to the public Break into the industry with helpful, how-to instructions